

It's All Connected

A comprehensive eye exam can do more than test your vision – it could help save your life. A number of potentially life threatening health conditions can be detected through a comprehensive eye exam.



DIABETES (PANCREAS)

Optometrists can sometimes see indicators in the eyes, before the disease is formally diagnosed, or help detect signs of poor management.

20%
of diabetes cases remain undiagnosed

THYROID DISEASE (THYROID GLAND)

Changes such as bulging eyes can indicate thyroid disease - which affects 200 million people globally.

1/10
Canadians suffer from a thyroid condition

TUMOURS (THE BRAIN)

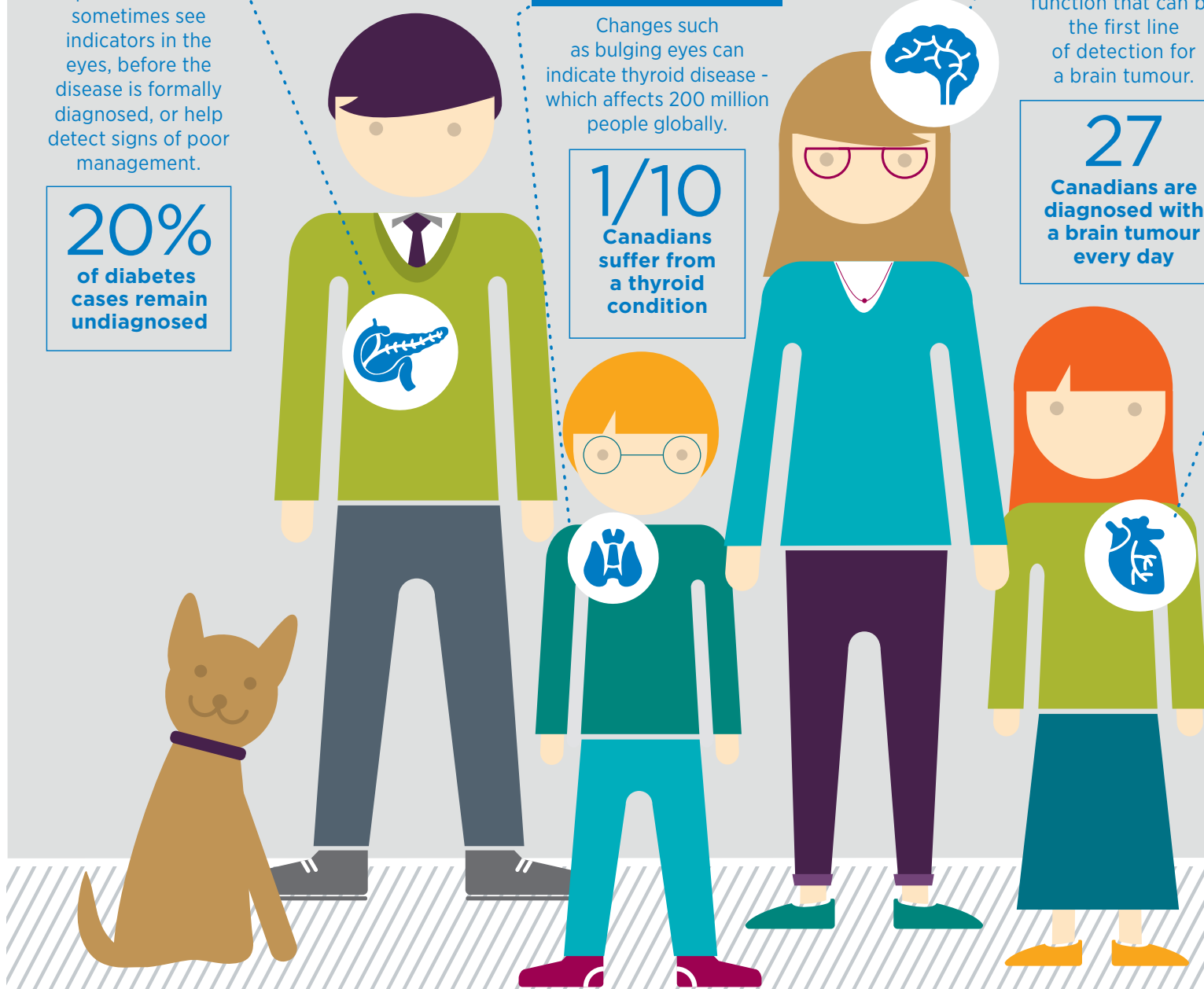
An eye exam includes tests of peripheral vision and eye muscle function that can be the first line of detection for a brain tumour.

27
Canadians are diagnosed with a brain tumour every day

HIGH BLOOD PRESSURE (THE HEART)

Examining blood vessels in the retina at the back of the eye can help identify risks for stroke or heart attack—before they occur.

1/5
Canadian adults have high blood pressure



How often should you have an eye exam?

CHILDREN

First one at 6-9 months & again at 2-5 yrs, annually thereafter

ADULTS

Every two years

OVER 65

Annually



Book an eye exam with your doctor of optometry today.
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CANADIAN ASSOCIATION OF OPTOMETRISTS
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